

### EMS System for Metropolitan Oklahoma City and Tulsa 2017 Medical Control Board Treatment Protocols



Approved 11/9/16, Effective 2/1/17, replaces all prior versions

# 3D – DYSPNEA – CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD) ADULT

#### TREATMENT PRIORITIES

- 1. Vital signs
- (including EtCO2, if equipped)
- 2. Oxygenation support
  - ► O<sub>2</sub> by NC, NRB
  - BVM, Bi/CPAP, ETT if indicated
- 3. Ventilation support
  - ▶ BVM, Bi/CPAP, ETT if indicated
- 4. Nebulization therapy
  - Albuterol, Ipratropium bromide

#### **EMD**

ADVISE TO AVOID PHYSICAL EXERTION OR ENVIRONMENTAL STRESS (TEMP EXTREMES). ADVISE PT SELF-ADMINISTRATION OF MEDICATIONS (eg. ALBUTEROL INHALER)

AS PREVIOUSLY PRESCRIBED FOR COPD SYMPTOMS

## EMERGENCY MEDICAL DISPATCHER

EMERGENCY MEDICAL RESPONDER

EMT

**EMT-INTERMEDIATE 85** 

**ADVANCED EMT** 

**PARAMEDIC** 

EMR EMT

GENERAL SUPPORTIVE CARE
OBTAIN VITAL SIGNS
O<sub>2</sub> VIA NC, NRB, OR BVM AS APPROPRIATE
APPLY CARDIAC MONITOR/OBTAIN 12-LEAD ECG (if equipped)
TRANSMIT 12-LEAD ECG TO RECEIVING EMERGENCY DEPARTMENT
ASSIST PT WITH PT'S OWN ALBUTEROL INHALER/NEBULIZER (when applicable)

#### **EMT OR HIGHER LICENSE:**

MEASURE END-TIDAL CO<sub>2</sub> & MONITOR WAVEFORM CAPNOGRAPHY (if equipped)

APPLY Bi/CPAP IF INDICATED (if equipped)

NEBULIZED ALBUTEROL 5 mg & IPRATROPIUM BROMIDE 0.5 mg

MAY REPEAT ENROUTE X 2 AS NEEDED

PLACE SUPRAGLOTTIC AIRWAY IF INDICATED & ONLY IF BVM VENTILATIONS INEFFECTIVE

EMT-185 AEMT

INTUBATE IF INDICATED

IV ACCESS

IV NS TKO IF SYS BP  $\geq$  100 mmHg WITHOUT HYPOTENSIVE SYMPTOMS

IV NS 250 mL BOLUS IF SYS BP <100 mmHg WITH HYPOTENSIVE SYMPTOMS & NO SIGNS OF PULMONARY EDEMA,

REPEAT UP TO 2 LITERS NS IF SYS BP REMAINS < 100 mmHg WITH HYPOTENSIVE SYMPTOMS & NO SIGNS OF PULMONARY EDEMA

#### **PARAMEDIC**

METHYLPREDNISOLONE 125 mg IVP. MAY GIVE IM IF NO VASCULAR ACCESS OBTAINED.

MEDICATION-ASSISTED INTUBATION IF INDICATED CONTINUOUS ASSESSMENT & TREATMENT PER APPLICABLE PROTOCOL(S)